

# CODE OF CONDUCT

## FOR PARTICIPATING ON A TEAM

Education-based extra-curricular activities should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to seven core principles: trustworthiness, respect, responsibility, fairness, caring, teamwork, and good citizenship. This code applies to all high school students/athletes involved in interscholastic sports, clubs or performing arts.

### *I understand that, to participate in co-curricular activities I must:*

- |                  |   |
|------------------|---|
| TRUSTWORTHINESS  | ● Be worthy of trust in all I say and do.   |
| RESPECT          | ● Treat all people with respect at all times.   |
| RESPONSIBILITY   | ● Understand the importance of education, being a student first.  |
| FAIRNESS         | ● Live up to the high standards of play.  |
| CARING           | ● Demonstrate concern for others.   |
| TEAMWORK         | ● Promote the well-being of my teammates and peers, and be willing to report unhealthy or dangerous conduct.  |
| CITIZENSHIP      | ● Pledge to play by the rules, and observe the spirit of fair play.   |
| NO ALCOHOL/DRUGS | ● Not drink alcohol or use other drugs, not ride with someone who has been drinking alcohol, and call an adult for a safe ride home if I find myself in a situation where I feel unsafe or uncomfortable. |
| NO TEXTING       | ● Never text or talk on the phone while driving, be a good passenger and speak out if the driver is distracted, and encourage my friends and family to drive distraction-free.                            |
| BUCKLE UP        | ● Wear my seat belt every trip, every time.   |
| SLOW DOWN        | ● Not speeding or drive aggressively.   |

I HAVE READ, UNDERSTOOD AND AGREE TO ADHERE TO THE REQUIREMENTS OF THIS CODE OF CONDUCT. I UNDERSTAND THAT IF I FAIL TO DO SO, THERE WILL BE CONSEQUENCES THAT MAY INCLUDE SUSPENSION AND/OR EXPULSION FROM THE TEAM OR ACTIVITY.

PARENT SIGNATURE

DATE

PARENT SIGNATURE

DATE

STUDENT/ATHLETE

DATE

**COMPLETE THE CODE OF CONDUCT ONLINE AT  
[WWW.CHOICESMATTER.COM/RESOURCES](http://WWW.CHOICESMATTER.COM/RESOURCES)**